

Global Warming and Fear

by Brian Germain



I am not a climatologist. I just call it like I see it. This is a picture I took last week while flying over the North Sea on my way back from Europe. Looks like the polar cap melting, doesn't it? Perhaps; perhaps not.

There is so much talk of global climatic change, and some of it is founded in realistic scientific appraisal, and some of it is simply worry. It is this aspect of the issue that I believe needs confrontation. Yes, there are changes to our behavior that are absolutely necessary. Yes, the situation may be dire. I do not, however, believe that we need to freak out about it. How will that help anyway?

If fear of a specific danger drives us to action that changes things, then it is a good thing. Denial is how we have gotten to where we are now. Nevertheless, fixating on a depressing worldview of learned helplessness is not how we create change. That is how we forfeit control by becoming frozen by our fear.

There are a great many problems that need solving on planet earth. We will solve these problems by looking the issue squarely in the eye, fearlessly. Fear of danger is not how we avoid danger, that is how we lock ourselves to a fate that we do not want. We will change the direction of our world by envisioning a different set of possibilities to replace the current state of affairs. The act of creation does not involve preoccupation on what once was. The past is the past, and from a certain perspective, the present is also the past. When we look through the eyes of the most positive possible future, we see that the only way to make this happen is to picture where we are going, and keep our eyes on the goal.

Action, not fear.

Here are some external links that gives some useful information on how to put concern into action:

[Practical Solutions to Global Warming
EPA Suggestions](#)

---Brian Germain